



The School 'Francesco Berni' and
the municipality of Lamporecchio
are organising
the first edition of the
CONFERENCE



LAMPORECCHIO (at) HEALTH SCHOOL

*Every voice teaches and every listening becomes
health*

Lamporecchio Municipal Theatre
Friday 14th November 2025
at 9 pm



CONFERENCE PROGRAM

21:00	Opening of the conference, initial greetings, presentation of the topics and musical performance
21:15	'At table with health' Food, health and cancer prevention Third grade students (3B)
21:30	'Health and movement' Physical activity, health and cancer prevention Third grade students (3A)
21:45	'Knowing to prevent' Secondary prevention and the importance of screening Third grade students (3C)
22:00	'Insights and public debate' Professor Andrea Morandi Department of Biomedical, Experimental and Clinical Sciences professor at University of Florence and AIRC researcher (Italian Association for cancer research) Professor Icro Meattini Clinical Oncologist and responsible of Breast Unit AOU in Careggi (Florence)
22:35	Musical show performed by the Secondary School 'Francesco Berni'
22:50	Final thanks, greetings to all and musical show

FOR FURTHER INFORMATION:



Health and movement

Physical activity, health and cancer prevention

Third grade students (3A)

Secondary School 'F. Berni'

Moving everyday, even just walking, riding your bike or practicing a sport it's good not only for your body, but also for your mind.

Physical activity is useful to control your body weight, improves your immune system and helps your heart getting a better functioning.

Also, sport contributes to prevent diseases, for example tumors. An active lifestyle represents a real natural medicine.



At table with health

Food, health and cancer prevention

Third grade students (3B)

Secondary School 'F. Berni'

A balanced and conscious diet is important to keep our body healthy and can reduce the risk of developing different types of tumors.

If you eat fruit, vegetables, whole grains and you restrict sugar, fat and processed meat everyday, you can help the function of our organism and strengthen the natural defenses.

Learning how to choose and vary the food are simple and effective ways to take care of our health.



Knowing to prevent

Secondary prevention and the importance of screening

Third grade students (3C)

Secondary School 'F. Berni'

Screenings are medical examinations that allow to detect a tumor at an early stage, even in the absence of symptoms.

Participating consciously in a program of free screening offered by the National Health Service (mammography, pap test and fecal occult blood test) is essential: detecting the disease in time multiplies the chance of recovery and helps save thousands of lives every year.



Project in line with the objectives of 2030 Agenda for Sustainable Development



'Ensuring health and promoting well-being for everyone at all ages...'



'Ensuring a quality education, a significant aspect in improving people's lives...'

**The entrance will be free, but you can
give a voluntary donation.**

**All profits will be entirely donated to
support cancer research.**

Graphics were made by the third year students of 3A, 3B and 3C
from 'Francesco Berni' Secondary School.